The benefits of pet ownership have been well documented. It makes sense that allowing animals in the workplace can have the same effect as living with them.



According to the <u>Centers for Disease Control and Prevention</u>, pets can decrease blood pressure, cholesterol levels, triglyceride levels, and feelings of loneliness. They can also provide greater opportunities for exercise and outdoor activities.

WebMD has identified 27 ways pets can improve the health of



<u>owners</u>. According to its website, pets can be natural mood enhancers and can significantly decrease stress.



The Center for Veterinary Health Sciences is pleased to support the overall vision of becoming America's **HEALTHIEST** Campus by assisting with the wellbeing of the campus population through this pet therapy program.

Healthy Animals, Healthy People!